



ARNICA FLOWERS

Botanical Name: *Heterotheca inuloides*

Common Name: Mountain Tobacco, Leopard's bane, wolfsbane, mountain snuff, sneezewort

Medicinal part: Flowers, rootstock

Description: Arnica flowers come from the daisy family that grows in Mexico and Southwest America. Closely related to Arnica Montana, this herb has long been a popular remedy; including use by Native American Indians who combined the flowers with other local herbs to make healing salves and ointments.



G·O·L·D·E·N
BOUGH

Golden Bough Botanicals Inc. has been a trusted wholesale supplier of premium quality herbs, spices and specialty teas since 1978. Our business has evolved to include organic herbs and spices, pure essential oils, organics pure essential oils, fragrance oil, cosmetic, candle and soap making ingredients and packaging supplies.

Golden Bough Botanicals Inc.

12 - 1585 Cliveden Avenue
Delta, BC V3M 6M1, Canada
Toll Free: 1-877-950.8700

www.goldenbough.ca